**Engage in Professional Development in Residential Childcare Settings**

**AC 1.1 Explain the duties, responsibilities and boundaries of own job role**

**Duties and Responsibilities:**

* Daily Care: I help the young peoples with daily needs this includes personal care, prepare meals and ensure the environment is clean.
* Emotional and Social Support: provide emotional and social support for the young peoples and also manage behaviours and de-escalate behaviours.
* Safeguarding: Always Protect young people from harm and report any concerns as this is my duty of care.
* Monitoring: Ensure that the young people is always monitored and always in ratio.
* Professional Relationships: Have a professional relationship with the young people and staff and professionals and have a clear communication.
* **Boundaries:** Professional Conduct: Stay professional with staff, young people and professionals.

**AC 1.2 Explain expectations about own job role as expressed in relevant standards**

**Standards may include: Codes of practice, Regulations, Minimum standard, National occupational standards and Professional standards)**

Standards:

* Codes of Practice: Always act professionally, respectfully, ethically and confidentiality.
* Regulations: Ensure that I follow all the policies protocols and the quality care standards.
* Meet the Standards: I have a duty of care and my duty is to provide good care in education, health and emotional support .promote independence and support the young peoples with their needs
* Professional Standards: keep my self-updated with regulation, training and have duty of care.

**AC 1.3 Explain the importance of own resilience, maturity and emotional intelligence when working in a residential childcare setting**

* Resilience: always stay calm and be able to provide the support that’s needed, stay calm and composed in tough situations and support the young peoples.
* Maturity: Being able to handle conflicts professionally be a role module.
* Emotional Intelligence: Being able to understand my own emotions and being able to handle my emotions and support the young people with their emotions.

**AC 1.4 Describe ways to ensure that personal attitudes or beliefs do not obstruct the expected standard of own work**

* Ongoing training: I take part in training to support me with my role and development this also includes equality and diversity training.
* Maintain a professional attitude: I ensure that I have a positive attitude and respect everyone opinions and have a fair judgment.
* Practice self-awareness: I reflect on my beliefs and how they might impact my actions or decisions at work.
* Follow professional standards: I adhere to guidelines, codes of practice, and regulations that set expectations for my role.
* Regular supervision: I have regular supervision and feedback from my supervisor to identify any progress on practice.
* Focus on the young people: my role is to prioritise the young people’s needs and support them with their interest and ensure that their personal opinions does not influence the care that I provide for them.

• AC 2.1 Explain the cyclical process of reflection

The cyclical process of reflection involves these steps:

* Experience: This means when you face a challenge or a situation.
* Reflect: This talks about when you reflect on what has happened.
* Analyse: This covers on what you have learnt and what went well and what didn’t go well.
* Plan: This talks about creating a plan and what actions you will take next time to improve.
* Act: This is when you put your plan into actions.
* Repeat: This is when you go through the same situation to steps to improve.

• AC 2.2 Explain the importance of reflective practice in continuously improving own practice and the service provided.

Reflective practice is important because it gives me self-awareness, helping me understand my strengths and weaknesses and develop them. It also allows me to continue learning and solve problems. Reflective practice helps you grow in my role and provides an area for improvement.